

# 2025 MHBYF COACHING GUIDELINES

The primary Mission of the Mount Horeb/Barneveld Youth Football Program will be to assist in the development of all student-athletes and their growth, not only as football players, but as young citizens within the community. This will be accomplished by improving their life skills as well as their football abilities. All participants will be afforded the opportunity to improve these life skills through education, friendships, teamwork, and football. The purpose of this program is to provide safe supervised football activities for the youth of the MountHoreb/Barneveld School districts.

The objectives of the Mount Horeb/Barneveld Youth Football Program shall be the following:

1. To build healthy bodies and minds.
2. To develop skills and proficiency in the game of football and related activities.
3. To teach the concepts of teamwork, commitment, accountability, sportsmanship, loyalty, honesty, and pride.
4. To stimulate community interest in football.
5. To have fun.
6. To accomplish all of these objectives with the welfare of the student-athlete first and foremost, without adult ambition for personal glory.

The primary goal of the Mount Horeb/Barneveld Youth Football Program is to develop young men; who through participation in the program; will naturally progress into the Mount Horeb/Barneveld Varsity Football program, which not only develops football players, but successful community contributors in leadership roles. The youth program is an extension of the MHB Varsity program, so all grades are required to run the offensive and defensive playbooks provided by the MHB Varsity program.

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## COACHING RESPONSIBILITIES & EXPECTATIONS

### **Coaching Perspective:**

1. Football Character development through Football Fun and Fundamentals
2. Balancing the SPIRIT and WILL of a child
3. Focus on the process (preparation) and not the outcome (score). See philosophy on winning.

### **Coaching Objectives:**

1. Provide the best football experience for each player regardless of skill level
2. Leave them better than where they began the season
3. Develop a desire in each player to return to football the next year (Don't be their last football Coach)

### **Coaching Philosophy: RESPONSIBILITY, ACCOUNTABILITY, DISCIPLINE**

1. Responsibility – TEACH each player what they are responsible for in SIMPLE 3-step progression
  2. Accountability – TEACH WHAT IS EXPECTED of each player, NO EXCUSES (own your assignments)
  3. Discipline – Correcting mistakes through teachable moments with a focus on the NEXT TIME.
- Breakdowns are opportunities to learn. High 5 for mistakes in practice! Keep a teachable environment.
  - Refrain from running kids for physical mistakes. Don't default to being punitive or shaming. Go back to RESPONSIBILITY, ACCOUNTABILITY, and DISCIPLINE of TECHNIQUE.

### **Philosophy on winning:**

1. Focus on the process and not the outcome
2. Win every play, win every rep, win every moment, win on and off the field
3. If you did your very best, then you were successful
4. Winning is a product of doing the right things
5. Win games in practice

### **Coaching style:**

Know your style and coach within yourself

1. STRATEGIC – you teach players why the play will work.
2. MOTIVATIONAL- you are excited and positive all the time.
3. FUNDAMENTAL- you teach skills and drills and emphasize key points.
4. HYBRID- you have multiple skills listed above.

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## How to motivate:

1. DIRECTLY: Replace, give instruction, put them back in
2. INDIRECTLY: Through competition as often as possible. You teach the whole group not one individual.

## IMPORTANT NOTES:

Know the players spirit – Positive vs. Negative tolerance

- Be CLEAR, CONSISTENT and CONCISE with your instruction
- CONNECT AND GET BUY IN
- USE THEIR NAME
- TELL THEM YOU BELIEVE IN THEM
- BE HONEST WITH THEM
- LOOK THEM IN THE EYE
- AFFIRM – Build their confidence through honest affirmation

## Goals and Objectives:

1. Facilitate a great football experience to ensure that we are not their last football coach
2. Clearly communicate coaching responsibilities and performance expectations
3. Confirm that everyone understands what is expected
4. Make training and continual learning a top priority
5. Regularly provide specific performance feedback
6. Make sure people know how they're doing
7. Consistently recognize and reward positive performance
8. Hold people accountable for negative behavior and performance

## Communication:

“Coaching sets the pace to get the best out of others while giving the best of yourself.”

1. Teach them patiently: Tell them, tell them what you told them, ask them what you told them, and then tell them again, don't default to coaching effort, get buy in!
2. The style and tone of your communications are messages in and of themselves.

# 2025 MHBYPF COACHING GUIDELINES

## REMOVAL FROM COACHING DUTIES POLICY

You are representing the Mount Horeb/Barneveld Youth football program and it is a privilege to coach our players. The Director of the MHBYouth football program can suspend or remove you from your coaching duties immediately for the following reasons:

1. Physical, verbal, and/or emotional abuse of a player.
2. Inappropriate conduct during games (ex. You get an unsportsmanlike penalty).
3. Physical or verbal confrontation with a parent in public.
4. Other conduct during games and practices that is deemed inappropriate and unsuitable for a person representing the MHB Youthfootball program.
5. Not being USA Football Certified.
6. Failing background check (No felonies, no DUI's, no domestic abuse charges)
7. Not running the Varsity Program's offensive and/or defensive playbook, everyday drills, and terminology.

If you wish to appeal this decision you will need to request a meeting with the Director and Gridiron Board officers. During this time, you will be allowed to present your case, but the final decision will be made by the Gridiron and MHBYPF boards.